



**Annual Policy Notification in accordance with  
Federal Drug-Free Schools and Communities Act Regulations [EDGAR Part 86]  
March- Spring 2024**

**INTRODUCTION**

As a requirement of the Federal Drug-Free Schools and Communities Act Regulations [EDGAR Part 86], The University of Virginia's College at Wise (UVA Wise) will disseminate the below policy/information to all students and employees on a semiannual basis. This process is formally conducted by disseminating an email to the entire campus community after the final "add" date for fall and spring classes. Questions concerning the policy and/or alcohol and other drug programs, interventions, and policies may be directed to Tabitha Smith in the Office for Diversity, Equity & Inclusion at 276-328-0131 or [DEI@uvawise.edu](mailto:DEI@uvawise.edu)

**POLICIES & EXPECTATIONS**

**ALCOHOL POLICY**

The College hopes the Alcohol Policy will encourage students to make responsible decisions about the use of alcoholic beverages. The policy is intended to promote safe, legal, and healthy decisions related to alcohol and social interaction. We recognize that our students are responsible adults and believe that students should behave in a manner that is not disruptive or endangering to themselves or others and follow state and local laws regarding the possession, consumption, sale, and delivery of alcohol.

UVA Wise does not encourage the use of alcoholic beverages and does not condone the illegal or otherwise irresponsible use of alcohol. In accordance with state and federal law, the College prohibits the unlawful possession, sale, use, or distribution of alcohol on College property or at College-sponsored functions. UVA Wise Campus Police has primary responsibility for the enforcement of State underage drinking laws.

All members of the College community are expected to know and act in accordance with Virginia State laws concerning the purchase, possession, consumption, sales, and storage of alcoholic beverages. In this connection, members of the College community are reminded of the following:

**Regulations**

1. Any sale of an alcoholic beverage requires an ABC license.
2. Alcoholic beverages are not to be given or sold to persons who are under the legal drinking age, which is 21 years of age.
3. Alcoholic beverages are not to be given or sold to persons who are intoxicated.
4. State law prohibits the following:
  - a. drinking in unlicensed public places;
  - b. possession of an alcoholic beverage by a person under the legal drinking age;
  - c. falsely representing one's age for the purpose of procuring alcohol;
  - d. and purchasing an alcoholic beverage for a person who is under the legal drinking age.

- e. Violations of state alcohol laws are criminal misdemeanors punishable by fines of up to \$2,500, imprisonment for up to 12 months, and suspension of driver's license
5. All persons on College property consuming or possessing alcohol must carry a valid driver's license or state identification card, military identification card, or passport.
    - a. In addition, students must carry their CAVS ID Card at all times.
  6. Being under the influence of any amount of alcohol while underage is considered a violation of the alcohol policy.
  7. Unsafe or irresponsible behavior is defined as actions that are harmful or potentially harmful to one's self or others involving the use of alcohol. Unsafe behavior includes but is not limited to:
    - a. consuming through beer bonging;
    - b. participating in or facilitating drinking games or progressive parties;
    - c. taking shots of liquor, or consuming an excessive quantity in a short amount of time
  8. Irresponsible behavior includes but is not limited to:
    - a. the use or attempted use of fraudulent identification to obtain alcohol;
    - b. or making alcohol available to underage drinkers.
  9. It shall be a violation of the alcohol policy to engage in an action while under the influence of alcohol that is disruptive to the community. Such behavior includes but is not limited to:
    - a. vomiting in public;
    - b. public urination;
    - c. fighting;
    - d. exhibiting disorderly conduct;
    - e. damaging property;
    - f. throwing bottles;
    - g. blocking or lying across or otherwise preventing or interfering with access to or passage across an entryway or thoroughfare;
    - h. or cursing or shouting at others.
  10. In the residence halls, alcohol is only allowed in the rooms of legal-age residents in facilities that have not been designated alcohol-free. It is the responsibility of those residents who are of age to ensure that underage drinking does not occur in their room or apartment.
  11. The use of alcoholic beverages as a prize in a contest, drawing, lottery, etc., is prohibited.
  12. The use of alcoholic beverages in games (e.g., quarters, drink-offs, "beer pong," etc.) is prohibited.
  13. Only university-approved bartenders are permitted to distribute alcohol on campus, including alcohol from common-source containers.
  14. Except at events in a licensed facility providing a cash bar, no spirituous liquor or fortified wines may be served to undergraduates.
  15. Alcohol may not be brought in glass containers to BYOB events that require registration by submission of an Event Planning Form.
  16. The College recognizes the value of group-sponsored social events. Groups are permitted to hold open or closed (by invitation only or through the use of guest lists) social events. Groups or individual group members may be held accountable for underage possession, unsafe or irresponsible behavior, and/or violations of the risk management policy that occur during a group-sponsored event.
  17. All club or organization events without alcohol require completion of the General Events Planning Form, and those events with alcohol require completion of the Alcohol Event Planning Form. The appropriate form must be submitted to the Office of Student Leadership and Greek Life at least seven (7) days prior to the event. The event cannot move forward or be held until approval is granted. *See the appropriate planning form for specifics.*

Any member of the College community who violates state alcohol control laws is subject to prosecution. Whether or not criminal charges are brought, all students are subject to College discipline for any violation of state alcohol laws that occurs (i) on a College-owned or leased property, or (ii) at College-sponsored or supervised functions, or (iii) under other circumstances involving a direct and substantial connection to the College. Any student found to have engaged in such conduct is subject to the entire range of sanction, including suspension and expulsion.

UVA Wise assumes no responsibility for any liability incurred at any event not sponsored by the College where alcohol is served and/or sold. Students and recognized student organizations are always expected to conduct themselves in accordance with the laws of the Commonwealth of Virginia and to assume full responsibility for their activities and events. See *Student Conduct Sanctions in the Student Code of Conduct*.

### **Areas of Emphasis**

1. The Chancellor and his/her designee approve all public areas on the campus of The University of Virginia's College at Wise where alcoholic beverages may be provided.
2. College funds may not be used for the illegal purchase of alcoholic beverages.
3. Alcoholic beverages purchased with College funds may be used only in compliance with state law.
4. Alcoholic beverages should not be served at any function or event sponsored by the College or held on College-owned or leased property without the permission of the Chancellor or his/her designee.
  - a. Permission requests must be made in advance to the Chancellor or his/her designee.
5. Non-alcoholic beverages and food items should be present at the College-sponsored events where alcoholic beverages are served.
6. Alcoholic beverages should not be mentioned in the advertising or publicizing of a College-sponsored event.
7. Organizations serving alcohol at College-sponsored events should not permit the entry or exit of persons with beverage containers.
8. Organizations must check for proper age identification of individuals attending events when alcohol is served.
9. Organizations must submit an Alcohol Event Planning Form for approval at least seven (7) days before an event. The event cannot move forward or be held until approval is granted. See *the appropriate planning form for specifics*.
10. A student may not let another person use his/her student ID for the purpose of obtaining an alcoholic beverage.
11. Dining Services is the only organization eligible to obtain an ABC license for the purpose of selling alcoholic beverages on campus.
12. Any organization, as well as its leadership, sponsoring an event at the College will be responsible for following all State laws relative to the serving and/or selling of alcoholic beverages.
13. Members of the College community living on property owned or leased by the College, and their invited guests, who are lawfully permitted to purchase, possess, and consume alcohol, may do so in the residence or on any immediately adjacent area devoted to residential use. They should not do so, however, in public places or in any area owned by the College which is devoted to common use. Public areas include but are not limited to hallways, lounges, patios, or parking lots.
14. The presence of underage family members, employees, or guests does not preclude the serving of alcohol in College-owned or leased housing provided an appropriate of-age family member and/or host is willing to assume the legal responsibility for ensuring compliance with state law.

15. The possession of kegs, pony kegs, beer bong, or any common source container is prohibited in College-owned residence facilities or at College organization events.
16. Possession of alcohol is prohibited in residence facilities where none of the permanent residents are of legal drinking age.
17. Intoxication is strictly prohibited.

## **DRUG POLICY**

The unauthorized manufacture, sale, distribution, and possession of 'controlled substances' (illegal drugs), including marijuana, cocaine, LSD, and prescription drugs, are prohibited by both state and federal laws and are punishable by severe penalties. The College does not tolerate or condone such conduct. Students who violate state or federal drug laws may be referred by College authorities for criminal prosecution and, if convicted, may be subject to the penalties described herein. UVA Wise Campus Police has primary responsibility for the enforcement of state and federal drug laws.

The abuse of alcohol and other drugs by students, regardless of age and location (on-campus or off-campus), is prohibited by the Student Code of Conduct. The College can, and will, impose disciplinary sanctions for violations. The Faculty Handbook and the Classified & University Staff Employee Handbook address violations for College employees.

The College strongly encourages students and employees to voluntarily obtain assistance for dependency or abuse problems before such behavior results in an arrest and/or disciplinary referral which may result in separation from the institution.

The use of, or addiction to, alcohol, marijuana, or controlled substances is not considered an excuse for violations of the Student Code of Conduct or employee expectations, and will not be a mitigating factor in the application of appropriate disciplinary sanctions for such violations.

## **DRUG-FREE WORKPLACE POLICY**

The use of alcohol by employees while on The University of Virginia's College at Wise owned or controlled property, including meal periods and breaks, is absolutely prohibited except when authorized by the College for approved College functions. No employee will report to work while under the influence of alcohol or illegal drugs. Violations of these rules by an employee will be reason for evaluation/treatment for a substance use disorder or disciplinary action up to and including removal. This policy applies to all employees (full-time, part-time, students, etc.).

## **INTERCOLLEGIATE ATHLETICS DRUG/ALCOHOL POLICY**

The Intercollegiate Athletics Department of UVA Wise has additional written policies which are presented to each student-athlete annually prior to participation. These policies encompass mandatory drug testing, sanctions as a result of positive tests, programs of education relative to drug and alcohol use and abuse, and counseling.

## **VIRGINIA TOBACCO LAW**

Virginia residents under the age of 21 are no longer able to purchase tobacco products. Virginia's new law, in effect July 1, 2019, raises the minimum age to buy tobacco, including cigarettes and e-cigarettes, from 18 to 21. See Virginia Code Section § 18.2-371.2 for further information.

## **SANCTIONS & PENALTIES**

### **STUDENT SANCTIONS - ALCOHOL AND DRUGS**

## **Alcohol and Cannabis**

Whether or not criminal charges are brought, all students are subject to College discipline for any violation of state alcohol laws that occurs (i) on College-owned or leased property, (ii) at College-sponsored or supervised functions, or (iii) under other circumstances involving a direct and substantial connection to the College. Any student found to have engaged in such conduct is subject to the entire range of sanctions, including suspension and expulsion.

Sanctions for these policy violations are dependent upon factors such as the specific nature of the violation and the number of policies violated. The following is a guideline for what students may expect when found in violation of the College's alcohol or cannabis policies. Discretion may be used when applying sanctions in cases where the violation is of such a nature to warrant additional or more severe actions.

### **First Violation:**

- Up to a \$75 disciplinary fine
- Successful completion of educational program or meeting evaluating behaviors related to alcohol or cannabis usage
- Possible parental notification/notification to address on record
- Possible disciplinary probation for up to two semesters

### **Second Violation:**

- Up to a \$150 disciplinary fine
- Successful completion of educational program or meeting evaluating behaviors related to alcohol or cannabis usage
- Referral to Counseling Services
- Possible parental notification/notification to address on record
- Disciplinary probation for two semesters

### **Third Violation:**

- Up to a \$225 disciplinary fine
- Possible parental notification/notification to address on record about the hearing and of the possibility of suspension or expulsion
- Possibility of suspension or expulsion
- Removal from campus housing
- Successful completion of an educational program or meeting evaluating behaviors related to alcohol or cannabis, inclusive of off-campus supportive resources

**\*\*NOTE:** Discretion may be used in applying sanctions in cases where the violation is of such a nature to warrant additional or more severe actions. \*\*

## **Drugs**

Whether or not a criminal charge is brought, a student is also subject to College discipline for illegally manufacturing, distributing, possessing, or using any controlled substance (i) on College-owned or leased property, (ii) at College-sponsored or supervised functions, or (iii) under other circumstances involving a direct and substantial connection to the College. Any student found to have engaged in such conduct is subject to an entire range of sanctions, including suspension or expulsion.

Sanctions for these policy violations are dependent upon factors such as the specific nature of the violation and the number of policies violated. The following is a guideline for what students may expect when found in violation of the College's drug policy. Discretion may be used when applying sanctions in

cases where the violation is of such a nature to warrant additional or more severe actions.

**First Violation:**

- A \$150 disciplinary fine
- Successful completion of educational programs or meetings evaluating behaviors related to drug usage
- Possible parental notification/notification to address on record
- Disciplinary probation for two semesters

**Second Violation:**

- Up to a \$250 disciplinary fine
- Possible parental notification/notification to address on record of the hearing and the possibility of suspension or expulsion
- Possibility of suspension or expulsion
- Removal from campus housing

**\*\*NOTE:** Discretion may be used in applying sanctions in cases where the violation is of such a nature to warrant additional or more severe actions. \*\*

**EMPLOYEE SANCTIONS - ALCOHOL AND DRUGS**

The unlawful manufacture, distribution, dispensation, possession, or use of a controlled substance by employees on College property, or while conducting business on behalf of the College off campus, is absolutely prohibited.

Violations of this prohibition by employees may result in the application of sanctions including:

- possible required participation in an approved drug abuse assistance or rehabilitation program
- disciplinary action up to and including termination of employment under applicable state and/or college regulations, university policies, statutes, and employment contracts.

**\*\*NOTE:** The severity of disciplinary action for violations of this policy shall be determined on a case-by-case basis.\*\*

**FEDERAL AND COMMONWEALTH OF VIRGINIA PENALTIES — ALCOHOL**

Federal and Virginia law penalizes the unlawful possession, sale, use, or distribution of alcohol. Penalties vary based on many factors including specific charges (i.e. whether charges are felonies or misdemeanors).

**Misdemeanor penalties**

- confinement in jail for up to twelve months
- and/or fines up to \$2,500

**Felony penalties**

- imprisonment from one (1) to five (5) years

Or in the discretion of the jury or the court trying the case without a jury:

- confinement in jail for not more than 12 months
- a fine of not more than \$2,500
- either or both.

**FEDERAL AND COMMONWEALTH OF VIRGINIA PENALTIES — DRUGS**

Federal and Virginia law penalizes the unlawful manufacturing, distribution, use, and possession of controlled substances, including prescription drugs. Synthetic designer drugs such as “bath salts,” “gravel,” and “spice,” contain mixtures of many different chemicals, including those that resemble cocaine, methamphetamine, and MDMA or “ecstasy.” Federal law makes the distribution of “analogue” substances marketed for human consumption illegal if those substances are chemically similar to a scheduled illegal drug and have the same pharmacological effect on a user.

The penalties vary based on many factors, including (i) the type and amount of the drug involved, and (ii) whether there is intent to distribute. Virginia law specifically prohibits the sale, gift, distribution, and possession of synthetic cannabinoids, which carry penalties as a Class 6 felony.

### Possible Penalties (Federal Law)

- First offenses ranging from less than one year to life imprisonment
- Fines up to \$10 million
- Forfeiture of property, including vehicles used to possess, transport, or conceal a controlled substance
- Denial of professional licenses or federal benefits, such as student loans

The punishment for the possession and/or distribution of a controlled substance analog is:

- Up to twenty (20) years in prison
- Fine of up to \$1 million

Convictions under Virginia law may be misdemeanor or felony crimes with sanctions ranging from:

- Probation to life imprisonment
- Fines of up to \$1 million

Federal law holds that any person who distributes, possesses with intent to distribute, or manufactures a controlled substance on or within one thousand (1000) feet of an education facility is subject to a doubling of the applicable maximum punishments and fines. A similar Virginia law carries sanctions of between one (1) and five (5) years imprisonment and up to a \$100,000 fine for similar violations.

## **HEALTH RISKS**

The negative physical and mental effects of the use of alcohol and other drugs are well-documented. Use of these drugs may cause: blackouts, poisoning, and overdose; physical and psychological dependence; damage to vital organs such as the brain, heart, and liver; inability to learn and remember information; and psychological problems including depression, psychosis, and severe anxiety. Risks associated with specific drugs are described later in this section. Impaired judgment and coordination resulting from the use of drugs associated with acquaintance assault and rape: DUI/DWI arrests; hazing; falls, drowning, and other injuries; contracting sexually-transmitted diseases including AIDS; and unwanted or unplanned sexual experiences and pregnancy.

The substance abuse of family members and friends may also concern students and employees. Patterns of risk-taking behavior and dependency not only interfere in the lives of the abuser but can also negatively impact the affected student's academic work, emotional well-being, and adjustment to college life.

This chart outlines the health risks associated with commonly abused substances:

<b>Substance</b>	<b>Nicknames/Slang Terms</b>	<b>Short Term Effects</b>	<b>Long Term Effects</b>
<b>Alcohol</b>	booze, giggle juice, liquid courage, hard stuff, sauce, hooch, vino, brew, suds	slurred speech, drowsiness, headaches, impaired judgment, decreased perception and coordination, distorted vision and hearing, vomiting, breathing difficulties, unconsciousness, coma, blackouts	toxic psychosis, physical dependence, neurological and liver damage, fetal alcohol syndrome, vitamin B1 deficiency, sexual problems, cancer, physical dependence, (withdrawal can cause death)
<b>Amphetamines</b>	bennies, uppers, eye poppers speed, meth, crack, crystal, ice, pep pills, dexy, jelly beans, truckies	increased heart rate, increased blood pressure, dry mouth, loss of appetite, restlessness, irritability, anxiety	delusions, hallucinations, heart problems, hypertension, irritability, insomnia, toxic psychosis, physical dependence
<b>Barbiturates and Tranquilizers</b>	barbs, bluebirds, blues, yellow jackets, red devils, roofies, rohypnol, ruffies, tranqs, mickey, flying v's	slurred speech, muscle relaxation, dizziness, decreased motor control	severe withdrawal symptoms, possible convulsions, toxic psychosis, depression, physical dependence
<b>Benzodiazepines</b>	bars, benzos, blues, chill pills, downers, nerve pills, planks, tranks, zannies.	slurred speech, confusion, dizziness, disorientation, decreased motor coordination, problems with memory, poor concentration, decreased blood pressure, slowed breathing	impaired thinking or memory loss, anxiety, depression, irritability, paranoia, aggression, personality change, weakness, lethargy, lack of motivation, drowsiness, sleepiness, fatigue, difficulty sleeping or disturbing dreams, headaches, nausea, skin rashes, weight gain, addiction, withdrawal symptoms (withdrawal can cause death)
<b>Cannabis</b>	marijuana, pot, grass, dope, weed, joint, bud, reefer, doobie, roach	sensory distortion, poor coordination of movement, slowed reaction time, panic, anxiety	bronchitis, conjunctivas, lethargy, shortened attention span, suppressed immune system, personality changes, cancer, psychological dependence, physical dependence possible for some
<b>Cocaine</b>	coke, cracks, snow, powder, blow, rock	loss of appetite, increased blood pressure and heart rate, contracted blood vessels, nausea, hyper-stimulation anxiety, paranoia, increased hostility, Increased rate of breathing, muscle spasms and convulsions, dilated pupils, disturbed sleep	depression, weight loss, high blood pressure, seizure, heart attack, stroke, hypertension, hallucinations, psychosis, chronic cough, nasal passage injury, kidney, liver and lung damage



<b>Gamma Hydroxy Butyrate</b>	GHB, liquid B, liquid X, liquid ecstasy, G, georgia homeboy, grievous bodily harm	euphoria, decreased inhibitions, drowsiness, sleep, decreased body temperature, decreased heart rate, decreased blood pressure	memory loss, depression, severe withdrawal symptoms, physical dependence, psychological dependence
<b>Heroin</b>	H, junk, smack, horse, skag	euphoria, flushing of the skin, dry mouth, "heavy" arms and legs, slowed breathing, muscular weakness, overdose, death	constipation, loss of appetite, lethargy, weakening of the immune system, respiratory (breathing) illnesses, muscular weakness, partial paralysis, coma, physical dependence, psychological dependence
<b>Inhalants</b> <i>paint thinner, paint, nitrous oxide, cyclohexyl nitrite (found in room deodorizers), correction fluid, ether, amyl nitrite (sold in small capsules), gasoline, hair products, chloroform, butyl nitrite (sold in small bottles), felt-tip markers, cooking products, nail polish remover, fabric protector, rubber cement</i>	Amys, bang, bolt, boppers, bullet, climax, glading, gluey, hardware, head cleaner, hippie crack, huff, kick, locker room, moon gas, pearls, poor man's pot, poppers, rush, snappers, whippets	lightheadedness, trouble breathing, irregular heartbeat, confusion, drowsiness, muscle weakness, slowed reflexes, stupor, headache, slurred speech, coordination loss, dizziness, hallucinations, delusions, sudden death	hearing loss, reduced oxygen flow in the blood, increased risk of leukemia, personality changes, memory problems, kidney stones and kidney damage, liver damage, weakened lungs, muscle deterioration, recurring numbness or tingling, severe rashes, permanent damage to the brain, heart, and other organs
<b>Ketamine</b>	K, super K, special K, Cat Tranquilizer, Cat Valium, Jet K, Kit Kat, Purple, Special La Coke, Super Acid	dream-like states, hallucinations, impaired attention and memory, delirium, impaired motor function, high blood pressure, depression, dangerously slowed breathing, loss of consciousness, seizures	Urinary tract and bladder problems, abdominal pain, major convulsions, muscle rigidity, increased confusion, increased depression, physical dependence, psychological dependence, memory impairment, hallucinogen persisting perception disorder
<b>LSD</b> <i>D-lysergic acid diethylamide</i>	acid, stamps, dots, blotter, A-bombs. Window pane, mellow yellow, California sunshine, Lucy in the sky with diamonds, zen, Elvis, Loony toons, Alice	increased blood pressure and heart rate, elevated body temperature, insomnia, dizziness, loss of appetite, dry mouth, excessive sweating, tremors, visual hallucinations, amplification of sensations like sounds and smells, distorted sense of time, blending of senses, such as "seeing" sounds or "hearing" colors, sensation of the mind leaving the body,	persistent psychosis, hallucinogen persisting perception disorder, flashbacks, anxiety and depression, impaired memory and cognitive function, increased risk of accidents or injuries, social and occupational dysfunction

		impulsive behavior, quickly shifting emotions, mystical or religious sensations	
<b>MDMA/Ecstasy</b>  <i>3,4-methylenedioxyamphetamine</i>	Adam, beans, biscuit, clarity, disco biscuit, E, Eve, go, hug drug, lover's speed, Molly, peace, STP, X, XTC, Malcolm, Scooby snacks	enhanced sense of well-being, increased extroversion, emotional warmth, empathy toward others, willingness to discuss emotionally-charged memories, enhanced sensory perception, impaired judgment, confusion, depression, sleep problems, severe anxiety, paranoia, muscle tension, faintness and chills or swelling, involuntary teeth clenching, blurred vision, dehydration, hyponatremia	neurotoxicity, cognitive impairment, mood disorders, sleep disturbances, memory impairment, impulsivity, dependence and addiction, physical health issues, psychiatric disorders, social and behavioral problems.
<b>Mescaline</b>  <i>peyote cactus</i>	Cactus, buttons, mesc, peyoto, moon, topi, San Pedro, blue caps, media luna, mezcakuba	nausea, vomiting, headaches, anxiety, delirium, a dream-like state, an altered state of consciousness, prominent changes in visual perceptions with intense visual distortions/hallucinations, increased heart rate, blood pressure, and body temperature	lasting physical and mental trauma, intensified existing psychosis, psychological dependence
<b>Morphine/Opiates</b>	Captain Cody, Cody, lean, schoolboy, sizzurp, purple drank, doors & fours, loads, pancakes and syrup, D, dillies, footballs, juice, smack, O.C., oxycet, oxycotton, oxy, hillbilly heroin, percs, biscuits, blue heaven, blues, Mrs. O, O Bomb, octagons, stop signs	euphoria, increased body temperature, dry mouth, "heavy" feeling in arms and legs, slowed breathing, unconsciousness, coma, death, confusion, nausea	constipation, loss of appetite collapsed veins, heart infections, liver disease, depressed respiration, pneumonia and other pulmonary complications, physical dependence, psychological dependence, reduced libido, erectile dysfunction, infertility

<p><b>PCP</b> <i>phencyclidine</i></p>	<p>animal tranq, black dust, boat, cliffhanger, crystal t, dipper, dust joint, goon dust, happy sticks, horse tranquilizer, kools, lethal weapon, magic dust, O.P.P., paz, Peter Pan, Shermans, trunk, angel dust, supergrass, tic tac</p>	<p>numbness and relaxation, a sense of well-being and euphoria, problems concentrating, slurred speech, loss of motor coordination, misperceptions of abilities—e.g. strength, speed, invulnerability, odd, erratic, or unexpected behaviors, seeing things that are not present, hearing things that are not there, delusions of grandeur with an inflated sense of importance, higher blood pressure and heart rate, breathing problems, raised body temperature, anxiety, panic, and feeling extreme worry, coma</p>	<p>depression, weight loss, poor muscle control and muscle breakdown, anxiety, paranoia, psychotic symptoms that mimic schizophrenia, memory loss, cognitive impairment, including memory problems, speech impairments, such as stuttering, tolerance, dependence, and addiction, seizures.</p>
<p><b>Psilocybin</b></p>	<p>mushrooms, magic mushrooms, shrooms, caps, psilocybin &amp; psilocyn, tea party, blue meanies, boomers, Mexican mushrooms God, God's flesh, musk, silly putty</p>	<p>distorted sense of reality, mixed up senses (synesthesia), altered sense of time, changes in mood, light-headedness, anxiety and panic attacks, confusion and disorientation, fear or paranoia, numbness, particularly in the face, increased heart rate and blood pressure, dry mouth, nausea and vomiting, muscle weakness and twitching, or convulsions, exaggerated reflexes, sweating and high body temperature, often followed by chills and shivering, loss of urinary control</p>	<p>confusion, memory loss, shortened attention span, flashbacks may intensify existing psychosis, flashback hallucinations, changes in personality, unstable mood, tolerance, psychological dependence, physical dependence</p>
<p><b>Steroids</b> <i>Testosterone, trenbolone, oxymetholone, methandrostenolone, nandrolone, stanozolol, boldenone, and oxandrolone</i></p>	<p>roids, juice, Arnolds, pumpers, stackers, weight gainers, gym candy</p>	<p>increased lean muscle mass, increased strength, acne, oily skin, excess hair growth, high blood pressure, mood swings, fatigue, restlessness/agitation, decreased appetite, trouble sleeping, decreased sperm count, impotence</p>	<p>Cholesterol imbalance, rapid mood swings, masculinization of women, breast enlargement in men, premature fusion of long bones preventing the attainment of normal height, shrinking of reproductive organs, impotence, reduced fertility, stroke, hypertension, congestive heart failure, liver damage, psychological dependence, mania, stroke</p>

## PROGRAMS & RESOURCES

Assistance is available both on-campus and off-campus for students and employees who are dependent on, or who abuse alcohol or other drugs.

Licensed Professional Counselors in the College’s Counseling Center are available for treatment considerations (students only) and referrals for outside resources (students and employees). UVA Wise Counseling Center may be contacted at 276-376-1005 or by visiting the Center located on the ground floor of Cantrell Hall.

College employees have access to resources through the Faculty and Employee Assistance Program (FEAP) at (434) 243-2643.

Following are additional resources for substance abuse and dependency available to students and employees unless noted otherwise. For a comprehensive list of substance abuse treatment facilities, please visit <https://findtreatment.gov/>.

**WHILE THE MEETINGS LISTED ARE CURRENT AS OF PUBLISHING THIS DOCUMENT, PLEASE CONTACT RESOURCES TO DOUBLE-CHECK IN-PERSON MEETINGS OR REACH OUT TO [DEI@UVAWISE.EDU](mailto:DEI@UVAWISE.EDU) FOR ASSISTANCE, AS THESE TIMES AND LOCATIONS MAY CHANGE.**

Resource	Contact Information
<b>Alcoholics &amp;/or Narcotics Anonymous</b>	<p><b>Abingdon Group</b> 136 East Main Street, Abingdon, VA   Phone: (276) 628-3361</p> <ul style="list-style-type: none"> <li>• <i>Tuesdays @ 8 pm</i></li> <li>• <i>Thursdays @ 8 pm</i></li> <li>• <i>Saturdays @ 6 pm</i></li> </ul> <p><b>Bristol Sobriety Group</b> 301 Euclid Avenue, Bristol, VA 24201</p> <ul style="list-style-type: none"> <li>• <i>Mondays @ 7pm</i></li> <li>• <i>Wednesdays @ 7pm</i></li> <li>• <i>Fridays @ 8pm</i></li> </ul> <p><b>Lunch Bunch Bristol</b> 201 Crockett Street, Bristol, VA 24201</p> <ul style="list-style-type: none"> <li>• <i>Mondays @ 12pm</i></li> <li>• <i>Tuesdays @ 12pm</i></li> <li>• <i>Wednesdays @ 12pm</i></li> <li>• <i>Thursdays @12pm</i></li> <li>• <i>Fridays @ 12pm</i></li> <li>• <i>Saturdays @11am</i></li> </ul> <p><b>Christ Episcopal Church</b> 106 Clinton Avenue East, Big Stone Gap VA   Phone: (276) 523-0401</p> <ul style="list-style-type: none"> <li>• <i>Tuesdays @ 8pm; Open Group, Discussion</i></li> <li>• <i>Fridays @ 8 pm; Open Group, Discussion</i></li> </ul> <p><b>Gate City Friendship Group</b> 103 E Walnut Street, Gate City, VA 24251</p> <ul style="list-style-type: none"> <li>• <i>Mondays @ 8pm</i></li> </ul>

**Cumberland Mountain Community Services Board**  
Substance Abuse Outpatient Program  
196 Cumberland Rd, Cedar Bluff, VA | Phone: (276) 964-6702

**City on a Hill Church**  
7606 Pounding Mill Branch Road, Tazewell VA  
• *Saturdays @ 7 pm*

**First Christian Church**  
302 East Pine Street, Tazewell VA | Phone: (276) 988-4448  
• *Mondays @ 7 pm*  
• *Thursdays @ 7 pm*

**First Presbyterian Church**  
210 Church Street, Tazewell VA | Phone: (276) 988-4724  
• *Wednesdays @ 5:30 pm; Open Topic Discussion*

**Lebanon Memorial United Methodist Church / Lebanon Sobriety Group**  
Tate Avenue, Lebanon VA | Phone: (276) 889-2721  
• *Sundays @ 6 pm*  
• *Mondays @ 6pm*  
• *Wednesdays @12pm*

**First United Methodist Church**  
41880 E. Morgan Avenue, Pennington Gap VA  
• *Sundays @ 4:30 pm; Open, Discussion*  
• *Thursdays @ 8 pm*  
• *Fridays @ 8 am; Open, Discussion*

**Pennington Gap Municipal Building**  
131 Constitution Avenue, Pennington Gap VA | Phone: (276) 383-1693  
• *Sundays @ 3 pm: New Beginnings Women's Group; Open, Big Book, Women Only*

**State Street United Methodist Church**  
650 Valley Drive, Bristol VA | Phone: (276) 669-2101  
• *Thursdays @ 6:15 pm (dinner)*  
*Worship Service @ 7pm*  
*Support groups @ 8pm*

**Trinity United Methodist Church**  
110 East Main Street, Wise VA | Phone: (276) 328-6825  
• *Mondays @ 8 pm*  
• *Thursdays @ 8 pm*

**When Tears Fall at Morning Star Full Gospel Church**  
368 Clay Street, Castlewood, VA 24224  
• *Thursdays @ 7 pm*

**To find online meetings please visit:**  
<https://www.intherooms.com/livemeetings/list>

<p><b>Substance Abuse Treatment &amp; Recovery</b></p>	<p><b>Celebrate Recovery at The City Center</b>  308 Coeburn Ave SW, Norton VA   (276)870-5859  <ul style="list-style-type: none"> <li>• Mondays @ 6:30 pm</li> </ul> </p> <p><b>Celebrate Recovery</b>  Freedom of Worship Center  5456 Thackers Branch Road, Norton VA   (276) 393-0115</p> <p><b>Cumberland Mountain Community Services Board</b>  196 Cumberland Road, Cedar Bluff, VA 24609   (276) 964-6702</p> <p><b>His Ministries</b>  407 Wood Avenue East, Big Stone Gap VA   (276) 523-7447</p> <p><b>Life Center of Galax</b>  112 Painter Street, Galax VA   Phone: 1-877-762-3747</p> <p><b>Magnolia Ridge</b>  900 Buffalo Street, Johnson City TN   (423) 232-4130</p> <p><b>Project LINK</b>  Duffield, VA   Phone: (276) 431-4370  <i>Outpatient program for pregnant, substance-abusing women or mothers with dependent children; program is also available in Lee and Scott counties and the City of Norton</i></p> <p><b>Dickenson County Behavioral Services Substance Abuse Services</b>  440 Fox Town Road, Clintwood, VA 24228</p>
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## PREVENTION & EDUCATION

The UVA Wise Office for Diversity, Equity & Inclusion (DEI) coordinates and/or implements individual, group and community initiatives designed to educate the campus community on dangers of irresponsible alcohol use and illegal substances, and to prevent and reduce alcohol and other drug use/abuse. DEI is located on the upper-level of Cantrell Hall, via phone at 276-376-3451.

Some of the offered programs include but are not limited to:

Program	Description
<p><b>Cavs Before One More (CBOM) campaign</b></p>	<p>An ongoing awareness campaign initiated by the Office of Diversity, Equity &amp; Inclusion (called the Office of Compliance, Conduct, &amp; Inclusion at the time of the program's creation) in Fall of 2016. This campaign focuses on alcohol and/or drug awareness and education.</p>
<p><b>National Campus Safety Awareness Month (NCSAM)</b></p>	<p>A campus safety awareness initiative that occurs each September which includes alcohol, drug, and other personal safety education and awareness information, game announcements, residence hall and campus community programming, and more. NCSAM includes this annual notification, the Annual Security and Fire Safety Report, and a campus climate survey filled out by the campus community in Fall of even-year semesters.</p>

<b>Gordie Day Events</b>	Gordie Day events occur in fall and spring semesters with information from the <i>Gordie Center for Substance Abuse Prevention</i> , a resource center located at UVA and accessible to UVA Wise for programming materials; education information shared includes alcoholic content of common drinks, standard drink sizes, binge drinking, and safer drinking tips.
<b>CBOM: Safe Homecoming</b>	A variety of events educating the campus community on the dangers of alcohol use, binge drinking, drinking and driving, alcohol addiction, and other related topics through daily email quick facts, consent PSA release, game announcements, and a community resource collaborative hands-on program with give-a-ways.
<b>CBOM: Safe Halloween</b>	Promoting a safe Halloween with educational information, displays and encouraging participants to sign pledges promoting the role of an active bystander to prevent alcohol overdose and committing to seek help for or from others as necessary
<b>Red Flag Campaign</b>	An evidence-based bystander intervention strategy to address and prevent sexual assault, dating violence, and stalking on college campuses; 2023 events will include email quick facts, alcohol/sexual assault PSA release, blue light walk, consent/boundaries education, game announcements, and a self-defense class taught by a local Sherriff's deputy.
<b>National Drug &amp; Alcohol Facts Week</b>	Launched in 2010 by scientists at the National Institute on Drug Abuse (NIDA), this weeklong January campaign is focused on counteracting the myths about drugs and alcohol found on the internet, social media, TV, movies, music, or from friends.
<b>CBOM: Safe Spring Break</b>	A variety of events educating the campus community on the health and safety issues that may arise for college students during spring break, such as alcohol abuse and impaired driving, road trip safety, decisions about sexual activity, and health and sun exposure through email quick facts, BACCHUS Network Safe Spring Break Toolkit/Fatal Vision Goggles/SUM-IT-CUP® Complete activities, and a community resource collaborative hands-on program with give-a-ways.

Additional campus, local and regional departments and agencies are involved in alcohol and drug educational programming initiatives throughout the year for the UVA Wise community, including:

- UVA Wise Athletics & Student Athletic Mentors (SAMs)  
276-328-0206 | <https://uvawisecavs.com>
- UVA Wise Campus Police  
276-328-0190 or 276-328-COPS weekdays; 276-328-3756 after-hours non-emergency; 911 all emergencies | <https://www.uvawise.edu/campus-police>
- UVA Wise Counseling Center  
276-376-1005 | <https://www.uvawise.edu/college-life/campus/health-safety/counseling-services>
- UVA Wise Housing & Residence Life  
276-328-0214 | [www.uvawise.edu/student-life/housing-dining](http://www.uvawise.edu/student-life/housing-dining)
- UVA Wise Human Resources  
276-328-0240 | [www.uvawise.edu/uva-wise/administration-services/finance-administration/human-resources](http://www.uvawise.edu/uva-wise/administration-services/finance-administration/human-resources)
- UVA Faculty & Employee Assistance Program  
(434) 243-2643 | [www.medicalcenter.virginia.edu/feap](http://www.medicalcenter.virginia.edu/feap)

- Office of the Wise County & City of Norton Commonwealth's Attorney  
276-328-9406
- Virginia ABC Bureau of Law Enforcement (Region 1)  
276-676-5502 | <https://www.abc.virginia.gov/enforcement/bureau-of-law-enforcement>
- Wise County Sheriff's Office  
276-328-3566 | [www.wiseso.net](http://www.wiseso.net)

## **DFSCA NOTIFICATION**

As mandated by the Drug-Free Schools and Communities Act, this information is distributed to all students and employees on a semiannual basis, and during every even year, a biennial review of the comprehensive alcohol and other drug program is conducted.

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*CAMPUS SECURITY-CLERY ACT: UVA Wise is committed to helping the campus community provide for their own safety and security. The Annual Security and Fire Safety Report containing information on campus security and personal safety, including alerts, fire safety, crime prevention tips, and crime statistics is available at [www.uvawise.edu/ASR](http://www.uvawise.edu/ASR). A copy is available upon request by calling 276-328-0190 or 276-376-3451.*

*The University of Virginia's College at Wise is accredited by the Southern Association of Colleges and Schools Commission on Colleges to award the baccalaureate degree. Contact the Commission on Colleges at 1866 Southern Lane, Decatur, Georgia 30033-4097 or call 404-679-4500 for questions about the accreditation of The University of Virginia's College at Wise*